

# Advice from Fortalice Solutions Privacy Day: Staying Safe & Secure on Instagram

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## Understand What's Collected

### CHANGES ARE COMING!

Facebook announced that Instagram, WhatsApp and Facebook Messenger may be merged in some form later this year. Stay tuned for what that means for your privacy, both good & bad.

## Things to Remember

### DELETE IS NEVER DELETE

There are multiple ways for others to save your Instagram pictures, posts and stories without your knowledge:

- 1) Screenshots may be taken of any and all posted photos
- 2) Recordings may be taken of your story
- 3) Certain software may be used to save stories and photos

## Instagram Has a Privacy and Safety Center



**#1**

**Privacy Settings:**  
Make sure you are aware of your account's elected privacy settings.



**#2**

**Activity Visibility:**  
Profile > Settings > Activity Status > On/Off



**#3**

**Two-Factor Authentication:**  
Don't forget to use as an extra layer of protection.



**#4**

**Revoke Access from third-party apps:**  
[https://www.instagram.com/accounts/manage\\_access/](https://www.instagram.com/accounts/manage_access/)

## Privacy Trophy



When you create an Instagram page, the default profile setting automatically makes your account public, allowing anyone to view your posts.

Making your or your teen's Instagram profile private will ensure only approved followers see postings.

Set your posts to private in the Instagram app:

Profile > Settings > Account Privacy > Tap to toggle Private Account "on"

For more on Safety: <https://wellbeing.instagram.com/safety>

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